

13 MIDOT ARE THE MOST POWERFUL SOURCE OF BLESSINGS

HOW CAN ONE TAP IN TO THE MOST POWERFUL BLESSING?

To receive the blessing, **it's not enough to just say** the 13 midot (Hashem's 13 attributes), you need to **implement them in your actions**.

BELOW ARE PRACTICAL EXAMPLES OF HOW TO EMULATE HASHEM'S ATTRIBUTES

ה' ה'

GIVE BEFORE BEING ASKED

Just like a father who would look to help his child before he asks. So too, Hashem is looking to help us even before we ask Him. **How can we apply it?** Look to help others even before they ask.

א-ל רחום

HAVE EMPATHY

Hashem is very sensitive to the pain of someone who gets embarrassed. Like the Gemara says, "Even when all the gates of heaven are closed, they will still be open to listen to the prayers of someone who gets embarrassed; Hashem will listen to his prayers and help him." **How can we apply it?** Be sensitive to the pain of someone who gets embarrassed. For example, If you see someone on social media being made fun of, encourage the sender to delete that post or stop sharing it.

וחנון

GIVE TO SOMEONE WHO DOESN'T DESERVE

Hashem showers people with blessings, even when they don't deserve it. **How can we apply it?** You ask someone for a favor, and they are able to help, but they refuse. Then, a month later, they ask you for a favor. You feel they don't deserve it; but you should still help them.

ארך אפים

HAVE PATIENCE

Hashem controls His anger and is patient with us. Even if a person sinned many times, Hashem has patience for him. **How can we apply it?** No matter how much your spouse, your kids or your employees test your patience, don't raise your voice; but rather be patient with them. Also, on a Friday afternoon, when it is a pressured time, be patient and stay calm.

Jo Jo Chehebar in honor of his wife Terri

▶ **ורב חסד**

GIVING OF YOURSELF VERY GENEROUSLY

When Hashem does Chessed, He gives very generously even to the ones who don't do the mitzvot. **How could we apply it?** The best opportunity to give of yourself very generously, is at home. For example, compromise, be a better listener, compliment your spouse and children more often. Also, be more present with your spouse and children and make the home a happy place.

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▶ **ואמת**

FAIRNESS

Hashem does so much kindness even for people who don't do mitzvot; kal vachomer for people who do mitzvot, Hashem will do so much more kindness to them. **How can we apply it?** When doing kindness one must make sure to be even more kind to his employees and spouse, who do so much for you.

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▶ **נצר חסד לאלפים**

APPRECIATION

When you do something good, Hashem will reward your children and grandchildren for generations to come. **How can we apply it?** If someone did a favor to your grandparents, appreciate it and reward him.

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▶ **נשא עון ופשע וחטאה**

FORGIVENESS

If someone sinned on purpose or even worse he encouraged people to go against Hashem, when he asks for forgiveness, Hashem forgives him. **How can we apply it?** When someone apologizes for hurting you, forgive him. Or, if your child isn't easy: not listening, not performing well in school, still forgive him and make sure to show him that even when he misbehaves, you still love him unconditionally.

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▶ **ונקה**

DON'T SEEK REVENGE IN YOUR HEART

Hashem doesn't just forgive; He uproots the sin as if a person never sinned. **How can we apply it?** If someone hurt you, forgive him completely. Uproot resentment towards him and wish him success and happiness from the bottom of your heart.